



# Rachel WRITES RECKLESS DRIVERS

by Rachel GARBER

I am scared.

He leans into the car to tell me my face mask will keep me from breathing properly. Another friend says masks are a government plot to make us submissive. Next step? They'll force us to get vaccinated against Covid-19, and with the vaccination, they'll inject a tracking chip.

People with these views really scare me. Government plot to

track us? Get real. Many of us have already volunteered our GPS locations on our smart phones, using a multitude of satellites encircling the planet. If tracking is needed, we're already plugged in!

Anyway, we live in Canada, not China. Our government has "plotted" to force us to wear seat belts. Our cars must have brakes, turn signals and airbags, and our roads have speed limits and stop signs. And we have laws against driving drunk.


We all recognize that car accidents are a real risk, and we collaborate to prevent them. Covid-19 is a real risk, too. Preventing it also needs our collaboration.

At first, I was quite simply afraid people would spread Covid-19 through their carelessness. The coronavirus is so stealthy and so relentless, a moment of inattention can let it velcro-clamp onto our lungs.

But now I am even more afraid of people whose deliberate actions will infect me and my family with Covid-19. We have pre-existing conditions that put us at risk. (Must I explain to you exactly what our risk factors are before you take them seriously?)

We risk, first, contracting the virus more easily. And second, we risk suffering a cruel and prolonged death from the disease.

Look, friends, I love you dearly! But I don't want to die like this.



## INSCRIPTION 2020-2021

Association du Hockey mineur  
du Haut-Saint-François

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[www.ahmhsf.ca](http://www.ahmhsf.ca)

Niveau	Date de naissance	Résidents East Angus	Résidents Ascot Corner	Autres résidents*
		Total inscription	Total inscription	Total inscription
<b>M7</b> (Initiation / Pré nov. 1)	<b>1er janvier 2015 au 31 décembre 2017</b>	120 \$	160 \$	220 \$
<b>M7 (Pré novice 2)</b>	<b>1er janvier 2014 au 31 décembre 2014</b>	120 \$	160 \$	220 \$
M9 (Novice)	1er janvier 2012 au 31 décembre 2013	235 \$	250 \$	400 \$
M11 (Atome)	1er janvier 2010 au 31 décembre 2011	270 \$	320 \$	470 \$
M13 (Pee-wee)	1er janvier 2008 au 31 décembre 2009	270 \$	320 \$	470 \$
M15 (Bantam)	1er janvier 2006 au 31 décembre 2007	285 \$	330 \$	480 \$
M18 (Midget)	1er janvier 2003 au 31 décembre 2005	285 \$	350 \$	500 \$


\*\*\*Pour les joueurs venant des autres municipalités, vous devez voir avec celles-ci le montant qui vous sera remboursé.\*\*\*

\*\*\*Les prix sont sujet à révision selon l'évolution de la pandémie de COVID 19\*\*\*

### PÉRIODE D'INSCRIPTION


\*\*\*S.V.P. veuillez vous inscrire avant le 22 août 2020\*\*\*

- ★ En tout temps via notre site web:  
À l'adresse [www.ahmhsf.ca](http://www.ahmhsf.ca) dans la section Inscriptions
- ★ Paiement en ligne seulement par carte de crédit afin de respecter les règles établies par Hockey Québec.
- ★ Il vous sera également possible d'étaler votre paiement en 3 versements sur votre carte de crédit.
- ★ Notez que lors du commencement de la saison, vous aurez la possibilité d'acheter à faible coût les anciens ensembles de chandails. Des bas de pratique pourront également vous être remis gratuitement selon les grandeurs disponibles.



### RECRUTEMENT DE BÉNÉVOLES

Entraîneurs et adjoints  
Préposés à la sécurité  
Entraîneurs de gardien  
Gérants



Si vous avez des questions, communiquez avec nous par courriel au : [ahmhsf.ca@gmail.com](mailto:ahmhsf.ca@gmail.com)

Covid-19 is a new disease we are learning about. Scientists and medical workers are learning how to treat it. Every week, we learn new things. Recently, we have learned that it can cause long-term health consequences even if the initial symptoms were negligible. Listen to the stories of people who were hospitalized with this illness (hint: they're not all over 70!). Listen to the experiences of health care workers. Covid-19 is very real.

Your rights end where my nose begins. That's the crux of the matter, dear friends. Indeed, the Quebec Commission des droits de la personne has ruled that the obligation to wear face coverings in public indoor settings complies with the provisions of the Quebec Charter of Human Rights and Freedoms.

Personal liberties are not absolute. They end where they put others in danger. My wearing a mask and staying two meters away from you does not endanger you. But your refusing to wear a mask and approaching too closely to me DOES endanger me.

You will say that this is just what I think. Not exactly. My doctor tells me this, too. And I trust her. Please friends, whatever you believe, just stay away from me. I know I would feel terrible if I unknowingly infected someone else with Covid-19. Better safe than sorry, I say.

The bottom line is that refusing to follow the Covid-19 guidelines is acting just as irresponsibly as a person running a red light with no brakes. Just don't do it, please.

### THE FRIDAY DRIVE

That's the name of a radio news magazine in English, hosted by Daniel Coulombe, former editor of The Record. The weekly show is broadcast on CJMQ 88.9 FM on Friday from 4 to 6 p.m., and replayed on Saturday at 3 p.m. The focus is on the Eastern Townships, with Sonia Patenaude covering arts and culture, Mike McDevitt with a news review, John Edwards covering sports, and Catherine Laberge reporting on Bishop's University news. Info: <http://www.cjmq.fm/?page=shows>.

### EATING FOR PARENTS

Cora Loomis will lead a workshop for parents on the topic of Raising Competent Eaters on Wednesday, August 26, at 10 - 11:30 a.m. or 6:30 - 8 p.m. To register for this online activity (via zoom) or for more information, email Marie-Lisa Jolin at [mjl@townshippers.org](mailto:mjl@townshippers.org). It is organized by Townshippers' Association, the Community Learning Centres in Richmond, Danville & Drummondville, and the CHSSN.

### CONCERT IN THE PARK

A Duet of Stringed Instruments, with Natalia Kononova playing violin, and Hugues Gagnon, guitar. That's the last in the summer series of monthly Concerts apéros outdoor concerts in the Parc des Braves on Principale West in Cookshire. It is on Sunday, September 6, at 5 p.m. Audience members are invited to give a voluntary donation, and are asked to keep a two-metre distance between families, in order to respect public health recommendations. In case of rain, the concert will be in the Victoria Hall, 125 Principale West.

### ART EXHIBIT

At the Cookshire-Eaton Art Gallery, the exhibit Les fantômes de l'inconscient (Ghosts of the Unconscious) by Grégoire Ferland, has been rescheduled for September, due to renovations in Victoria Hall.

### GARDEN MARKET

The Sawyerville Farmers' Market is still Saturdays, 10:30 a.m. to 1 p.m., till September 26, at the Sawyerville Community Garden.

### CHURCHES

**United.** Home Worship for the United Church will resume on September 6. Services will be available for pickup at Sawyerville United Church (box on top of freezer in porch), at Trinity United Church (bag on ramp door at the back of the church), by email, and by regular post. To be added to worship service mailing list, please contact the Church Office at 819-889-2838 and leave your contact information on the answering machine, or email Rev Tami Spires at [spiresta@hotmail.com](mailto:spiresta@hotmail.com). Pastoral care: Bob Halsall at 819-875-3601 until August 30, or Rev. Tami, 819-452-3685 after August 30. Info: 819-889-2838 (listen to the message).

**Baptist.** Contact Pastor Michel Houle at 819-239-8818.

**Anglican.** Until at least September, Bishop Bruce Myers offers Home Prayers on Sunday mornings at 10:30 a.m. on Facebook, and at [quebec.anglican.ca](http://quebec.anglican.ca) (see Worship Videos). Info: 819-887-6802, or [quebec.anglican.ca](http://quebec.anglican.ca).

Do you have news to share? Call 819-300-2374 or email [rawrites@yahoo.com](mailto:rawrites@yahoo.com) by August 24 for publication **September 2**, and by September 7 for **September 16**.

## Réparation à domicile D'APPAREILS MÉNAGERS



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